

When you first get into the car: H.N.D.S.S.S.M (Cockpit Drills)

- H : Handbrake (On)
- N : Neutral (Not In Gear)
- D : Doors (Closed)
- S : Seat (Adjusted In & Out Up Or Down + Head Restraint)
- S : Steering (Adjusted Up Or Down + Slight Bend In Arms)
- S : Seat Belt (Secure + Not Twisted)
- M : Mirrors (Adjusted For your Driving Position)

Before moving off from a parked position: G.O.S.H.O (Routine)

- G : Gears (1st Gear For manual or Drive For Automatic)
- O : Observation (5 Point Check)
- S : Signal (Left or Right)
- H : Handbrake (Off)
- O : Observation (Final Check Over Right Shoulder)

Before turning left or right: M.S.P.S.L (Routine)

- M : Mirrors (Middle + Left , Middle + Right)
- S : Signal (Left or Right)
- P : Position (Left Or Right Of Our Lane)
- S : Speed (Slow Car Down To Between 10-20 KPH)
- L : Look (Look Into the Road We Are Turning Into)